**Autumn camps for Ukrainian and Latvian children and youth**

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| **No.** | **Name of the camp** | **Organiser of the camp** | **Time of venue of the camp** | **Type of the camp by duration** | **Age of participants (years)** | **Place of venue of the camp** | **Description of the camp** | **Manager of the camp** |
| 1. | Autumn camp | Association Josui Karate Club “SHIDAI” | 21/10–29/10/2023 | 24-hour | 7–18 years | Limbaži, Olympic Center Limbaži, Lielezera Street 1, Limbaži, LV-4001 | During the camp, children will have a fantastic opportunity to have an unforgettable adventure and make new friends! One of the main advantages of the camp is our cosy pool. Swimming is not only a great way to relax and have fun, but it is also a great way to improve your physical health. Pool lessons will help children to improve their inner strength and resilience, especially for those who spend long periods of time sitting down to learn. This is a great opportunity to move and feel full of energy!  In addition, at our camp, children will participate in various interesting tasks that will promote communication skills, games and active pastime. We have developed a program where every child will have the opportunity to develop their social skills and take part in exciting adventures with other age-appropriate participants.  We especially want to emphasise that the camp's offer is especially suitable for children who lead a sedentary lifestyle.  **20062536 (application by phone)** | Adiļs Maksimovs  20062536 |
| 2. | Let's swim safely together'23 (autumn) | Association “Peldēt droši” | 23/10–27/10/2023 | Days | 7–14 years | Sports object “Ķīpsalas peldbaseins”, Ķīpsala Street 5, Riga, LV-1048  Creakids, private preschool educational institution, Zvejnieku Street 1 k-13, Kurzeme district, Riga, LV-1048 | The goal of the camp is to organise high-quality and versatile recreation for children and young people during the summer holidays. Involve children and young people in various sports activities, develop and improve swimming skills and interest in a healthy lifestyle, the basics of safe recreation by the water. In practical lessons, promote children's understanding of emergency situations in the water, what to do if you accidentally fall into the water, how easy or difficult it is to help someone get to the shore, how to help others if someone is in trouble on the water.  During the camp, situation simulations are carried out, discussions about safety on and near the water are conducted, mutual contact and communication skills are developed.  **Application:** [**www.peldet.lv**](http://www.peldet.lv) | Agnese Ančupāne,  [drosi@peldet.lv](mailto:drosi@peldet.lv)  28083222 |
| 3. | Autumn holidays camp | SOUND ESTATE Ltd. | 21/10–28/10/2023 | 24-hour | 7–18 years | Guest house “Stagars”, Engure, Tukums Municipality, LV-3113 | Colourful autumn holiday camp! We will play team games, develop our talents, work in creative workshops, relax at evening events, exercise and dance, and visit the pool.  **Application:**  <https://forms.gle/KXyChpHoBneao6Me9> | Aleksandrs Ivanovs  26103435 |
| 4. | Autumn leaves | Association of active parents | 23/10–27/10/2023 | Days | 7–10 years | Riga, Imanta, Kurzemes prospekts 15 | Creative camp "Autumn leaves" during autumn holidays. Children spend time in the camp from 8.30 a.m. to 6.30 p.m. Camps are suitable for both children of Latvia and young citizens of Ukraine. The programme includes creative workshops, outdoor sports activities, excursions to Latvian cities, various games with peers.  **Application:**  **https://docs.google.com/forms/d/e/1FAIpQLSd2e8-vuADd2xSO6fPQrm\_Bb7iC48uXKNtZJoh\_S8yXpuMa\_g/viewform?vc=0&c=0&w=1&flr=0** | Olga Skvorcova  28224099 |
| 5. | AKTĪVISTS around the world | Association “AKTĪVISTS” | 23/10–29/10/2023 | 24-hour | 7–16 years | recreation base "Mežezers", Pļaviņas, Aizkraukle Municipality | A great opportunity to get acquainted with the cultures of the countries of the world during one shift. Learn about the traditions, national dishes, heroes, national costumes of these countries and much more. Children who like to travel and learn new things will especially like this programme. The programme also includes 4x meals, morning work-outs, exercise classes, various sports games, mind games, competitions, relays and hikes.    **Application:**  <https://mezezers.aktivists.lv/> | Jurijs Zunde-Zakevičs |
| 6. | Autumn fellowship camp Riga | Association “Mellene” | 23/10–27/10/2023 | Days | 7–18 | Kaņiera Street 15, Riga | The purpose of the camp is to provide support for the socialisation and psycho-emotional well-being of Ukrainian youth, for the development of skills, communicating and cooperating both with each other and with Latvian youth in diverse creative events and educational activities in cultural education, environmental education, sports and healthy lifestyle.  <https://forms.gle/HqnPpd1KUgwFv7tW9> | Laura Riekstiņa  25636419 |
| 7. | Advenure in Riga | Association “Mellene” | 23/10–27/10/2023 | Days | 7–18 | NGO House, Ieriķu Street 43a, Riga | The purpose of the camp is to provide support for the socialisation and psycho-emotional well-being of Ukrainian youth, for the development of skills, communicating and cooperating both with each other and with Latvian youth in diverse creative events and educational activities in cultural education, environmental education, sports and healthy lifestyle.  <https://forms.gle/HqnPpd1KUgwFv7tW9> | Laura Riekstiņa  25636419 |